

SUNDAY ROASTS

Platter for one £16 | Platter for two £30 | Platter for four (whole chicken) £50 | Platter for four (whole chicken and beef) £56

Choose one, two or three meats

Succulent Roast Turkey | Pembrokeshire Roast Beef | Tender Roast Pork

Or choose between

Market Fish | Vegetarian Roast

Served with homemade cranberry stuffing, goose fat roasted potatoes, seasonal veg, honey and thyme roasted parsnips and carrots, creamy leeks and a yorkshire pudding, all covered in rich bone marrow gravy.

APPETISERS

Buffalo wings	£8
Soup of the day with chef's bread v	£7.50
Prawn and salmon cocktail	£9
Calamari, aioli dip and salad	£8
Onion bhajis, mango chutney, mint yogurt v	£8
Watermelon, blue cheese, mint salad v	£8

BURGERS

The Cove Burger	£17
Juicy Welsh beef burger, grilled onions and melted Monterey Jack cheese, chips, salad and slaw. Add bacon £1.	
The Cove Chicken Burger	£17.50
Chicken, grilled onions and melted Monterey Jack cheese, chips, salad and slaw. Add bacon £1.	

THE GRILL

All served with baked tomatoes, salad and chips

10oz Rump Steak	£20
8oz Sirloin Steak	£25
20oz Rump Steak	£26
Marinated Chicken Breast	£17.50
Gammon and Egg	£17.50
Grilled Salmon	£19
Rack of Ribs	Full £21 Half £15.50

VEGAN

Penang Bang Curry ve gf	£16
Mixed vegetable curry with fragrant rice	
Falafel Burger ve	£16
Falafel with gem lettuce, tomato, hummus served in a bun with chips	

We've labelled all dishes that can be gluten free, so please inform your server when you order. If you require allergen information, or need to inform us of dietary needs, please speak to a member of the team. Whilst a dish may not contain an allergen, foods may be at risk of cross contamination in the kitchen. Items on this menu may contain nuts or GM oil.