

SUNDAY ROASTS

Platter for one £16 | Platter for two £30 | Platter for four (whole chicken) £50 | Platter for four (whole chicken and beef) £56

Choose one, two or three meats

Succulent Roast Turkey | Pembrokeshire Roast Beef | Tender Roast Pork

Or choose between

Market Fish | Vegetarian Roast

Served with homemade cranberry stuffing, goose fat roasted potatoes, seasonal veg, honey and thyme roasted parsnips and carrots, creamy leeks and a yorkshire pudding, all covered in rich bone marrow gravy.

APPETISERS

| Buffalo wings | £8.50 |
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| Soup of the day with chef's bread v | £8 |
| Prawn and salmon cocktail | £9.50 |
| Calamari, aioli dip and salad | £8.50 |
| Onion bhajis, mango chutney, mint yogurt v | £8.50 |
| Watermelon, blue cheese, mint salad v | £8.50 |

THE GRILL

All served with baked tomatoes, salad and chips

| 10oz Rump Steak | £21 |
|--------------------------|---------------------|
| 8oz Sirloin Steak | £26 |
| 20oz Rump Steak | £27 |
| Marinated Chicken Breast | £18 |
| Gammon and Egg | £18 |
| Grilled Salmon | £19.50 |
| Rack of Ribs | Full £21 Half £16 |

BURGERS

| The Cove Burger | £17.50 | |
|---|--------|--|
| Juicy Welsh beef burger, grilled onions, burger | | |
| sauce, gherkin and melted Monterey Jack c | heese, | |
| chips, salad and slaw. Add bacon £1. | | |
| The Cove Chicken Burger | £17.50 | |
| Chicken, grilled onions, melted Monterey Jack | | |
| cheese, garlic mayo, chips, salad and slaw. | | |
| Add bacon £1 | | |

UEGAN

| Penang Bang Curry ve gi | £10.50 |
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| Mixed vegetable curry with fragrant rice | |
| Add prawns + £5 Add chicken + £5 | |
| Falafel Burger ve | £16.50 |
| Falafel with gem lettuce, tomato, hummus s | erved in |
| a bun with chips | |

We've labelled all dishes that can be gluten free, so please inform your server when you order. If you require allergen information, or need to inform us of dietary needs, please speak to a member of the team. Whilst a dish may not contain an allergen, foods may be at risk of cross contamination in the kitchen. Items on this menu may contain nuts or GM oil.