

## SUNDAY ROASTS

Platter for one £15 | Platter for two £28 | Platter for four (whole chicken) £46 | Platter for four (whole chicken and beef) £51

Choose one, two or three meats

**Succulent Roast Turkey | Pembrokeshire Roast Beef | Tender Roast Pork**

Or choose between

**Market Fish | Vegetarian Roast**

Served with homemade cranberry stuffing, goose fat roasted potatoes, seasonal veg, honey and thyme roasted parsnips and carrots, creamy leeks and a yorkshire pudding, all covered in rich bone marrow gravy.

## APPETISERS

Buffalo wings	£8
Soup of the day with chef's bread v	£7.50
Prawn and salmon cocktail	£9
Calamari, aioli dip and salad	£8
Onion bhajis, mango chutney, mint yogurt v	£7

## BURGERS

### The Cove Burger

Your choice of beef or chicken with grilled onions, melted Monterey Jack cheese, chips, salad & slaw

Beef £15.50 | Chicken £16.50

## CLASSICS

Beef Chilli gf	£15.50
Served with rice and tortilla chips.	
Bangers & Mash	£15.50
Served with 'Harbwr' Brewery beer and onion gravy.	
Ham, Egg & Chips gf	£14.50
Lasagne, Garlic Bread & Salad	£16
Fish & Chips	£16
Finest beer battered fish with chips and peas	
Pie of the Day	£15.50
Served with potatoes and peas	
Grilled Sea Bass Fillet gf	£22
With prawns, crushed potatoes, Thermidor sauce and local samphire	

## THE GRILL

All served with baked tomatoes, salad and chips

10oz Sirloin Steak	£27
20oz Rump Steak	£26
Marinated Chicken Breast	£17.50
Gammon and Egg	£17.50
Grilled Swordfish	£19
Rack of Ribs	Full £20   Half £14.50

## VEGAN

Penang Bang Curry ve gf	£16
Mixed vegetable curry with fragrant rice	

## ON THE SIDE

Chips	£3.75	Mac'n'Cheese (+ chorizo £1.50)	£4
Dirty Fries	£6.50	Peppercorn Sauce	£4
Onion Rings	£3.50	Thermidor Sauce	£4
Side Salad	£5	Blue Cheese & Port Sauce	£4
Garlic Bread (+ cheese 50p)	£4		

We've labelled all dishes that can be gluten free, please inform your server when you order. If you require allergen information, or need to inform us of dietary needs, please speak to a member of the team. Whilst a dish may not contain an allergen, foods may be at risk of cross contamination in the kitchen. Items on this menu may contain nuts or GM oil.