

STARTERS

Sticky Pork Belly Bites with pak choi, honey & soy sauce, sesame seeds. GF £10

Halloumi Fries V, GF £9

Chicken, Chorizo & Spicy Cheese Bon Bons with saffron & garlic mayonnaise. £10

Hot Buffalo Chicken Wings with ranch sauce. GF £9 Soup of the Day VE, GF £8

Brussels Påté, Ham Hock Terrine with scratchings, onion chutney, melba toast. £10

Smoked Haddock & Cheddar Cheese Fish Cakes with tartare sauce. £10

Bang Bang Cauliflower Nibbles with sweet chilli, spring onions, sriracha & sesame seeds. VE £9

MAINS

Chicken Tikka Flatbread (Please ask for gluten free) Grilled chicken tikka, melted Monterey Jack cheese, garlic mayo, fries, gherkin, salad and slaw. £18.50 Add on: bacon £2 or homemade onion rings £5

Vee Balls

Italian style meatballs, rich tomato & basil sauce, linguine pasta, mozzarella. VE £18

Monster Rihs

Coca-Cola BBQ pork rib, corn on the cob, fries, slaw. GF $\pounds 23$

Monster Combo

Coca-Cola BBQ pork rib, Cajun chicken breast, corn on the cob, fries, slaw. GF £23

Lamb Shank

8-hr braised lamb shank, chive mashed potatoes, root vegetables, minted gravy. GF £26

Fresh Salmon

Pan-fried salmon fillet, chorizo, crushed potatoes, olives, spinach, stem broccoli & sauce Vierge. £24

King Prawn Pasta

King prawn & chorizo, sun-blushed tomato cream, spinach, olives with linguine pasta. £25

Chicken Linguine

Chicken, broccoli & blue cheese linguine with balsamic vines. £20

Fish & Chips

Finest beer battered fish with fries, peas and house tartare sauce. £17

Nachos (Please ask for gluten free)

A mountain of tortilla chips with spicy salsa, cheese, sour cream and guacamole. V £17.50

Gammon and Egg

Served with fries, roasted tomato and mushroom. GF \pounds 19

The Lou

Louisiana chick'n burger, garlic & saffron mayo, iceberg lettuce, tomato, gherkins, pickled pink onions, fries & slaw. VE £19

Cove Burger

Juicy Welsh beef burger, pickled onions, burger sauce, gherkin and melted Monterey Jack cheese, fries, salad and slaw. £18.50 Add on: bacon £2 or homemade onion rings £5

Scampi & Chips

Battered scampi with fries, peas & house tartare sauce. £17

Roasted Cauliflower, Tomato, Potato & Cumin Broth

Served with mango rice & poppadom pieces. VE £19

802 Sirloin Steak (Please ask for gluten free)

80z sirloin steak, cheese & chive potato skins, balsamic vines & slaw. GF £27

Would you like to add three garlic king prawns? £7

Greek Platter (Please ask for gluten free)

Grilled Cajun chicken, lamb kofta, roasted vegetables topped with feta, halloumi dippers with spicy rice, slaw, mint yogurt and flatbread. £35

Rich, Slow-Cooked Beef Ragu Lasagne

With creamy béchamel sauce and fresh pasta sheets served with a side of golden, buttery garlic bread. £17.50

Chicken Platter

Hot buffalo wings, butterflied Cajun chicken, chicken & chorizo bon bons, truffled mac & cheese, beer battered onion rings, corn on the cob, slaw & ranch sauce. £35

Fishy Dishy Pie

Classic Fish Pie with chive mashed potato, topped with cheddar & mozzarella cheese, served with stem broccoli & peas. GF £23

ON THE SIDE

French fries VE, GF £5 Dirty fries V, GF £10 Cheese & chive potato skins V, GF £6 Truffled mac & cheese V £6 + Chorizo £2 Garlic Bread V £5 + Cheese £1 Olives & sun-blushed tomato VE, GF £6 Buttered corn on the cob VE, GF, £4.50 Side salad VE, GF £5 Beer battered onion rings VE £5

We've labelled all dishes that can be gluten free, please inform your server when you order. If you require allergen information, or need to inform us of dietary needs, please speak to a member of the team. Whilst a dish may not contain an allergen, foods may be at risk of cross contamination in the kitchen. Items on this menu may contain nuts or GM oil.