

THE
COVE

LUNCH MENU

BAGUETTES

All served in a crusty baguette with a side of slaw. Please ask for gluten free. Served 'til 5pm.

Spicy Pork British pulled pork, caramelised onion chutney, BBQ sauce, jalapeños, mozzarella. £12

Scampi Po Boys Wholetail scampi, lettuce, tomato, gherkins, jalapeños & sriracha mayonnaise. VE £10

Breakfast Bap Andrew Rees pork sausage, bacon & free range egg. £10
Would you like to add hash brown fries?

Soup of the Day served with chef's bread. V GF £8

Veg Balls Italian style meatballs, rich tomato sauce, mozzarella. V, VE £10

Cajun Bite Blackened Cajun chicken, roasted onion & peppers, jalapeños & minted yoghurt. £12

Cheesy Tomato Mixed cheese & chive mayonnaise with fresh baby vine tomatoes. V £10

SMALL PLATES

Sticky Pork Belly Bites with pak choi, honey & soy sauce, sesame seeds. GF £10

Halloumi Fries V, GF £9

Chicken, Chorizo & Spicy Cheese Bon Bons with saffron & garlic mayonnaise. £10

Hot Buffalo Chicken Wings with ranch sauce. GF £9

Soup of the Day VE, GF £8

Brussels Pâté, Ham Hock Terrine with scratchings, onion chutney, melba toast. £10

Smoked Haddock & Cheddar Cheese Fish Cakes with tartare sauce. £10

Bang Bang Cauliflower Nibbles with sweet chilli, spring onions, sriracha & sesame seeds. VE £9

MAINS

Chicken Tikka Flatbread (Please ask for gluten free)
Grilled chicken tikka, melted Monterey Jack cheese, garlic mayo, fries, gherkin, salad and slaw. £18.50
Add on: bacon £2 or homemade onion rings £5

The Lou
Louisiana chick'n burger, garlic & saffron mayo, iceberg lettuce, tomato, gherkins, pickled pink onions, fries & coleslaw. VE £19

Cove Burger
Juicy Welsh beef burger, pickled onions, burger sauce, gherkin and melted Monterey Jack cheese, fries, salad and slaw. £18.50 Add on: bacon £2 or homemade onion rings £5

Fish & Chips
Finest beer battered fish with fries, peas and house tartare sauce. £17

Rich, Slow-Cooked Beef Ragu Lasagne
With creamy béchamel sauce and fresh pasta sheets served with a side of golden, buttery garlic bread. £17.50

Scampi & Chips
Battered scampi with fries, peas & house tartare sauce. £17

Roasted Cauliflower, Tomato, Potato & Cumin Broth
Served with mango rice & poppadom pieces. VE £19

Gammon & Egg
Served with fries, roasted tomato and mushroom. GF £19

8oz Sirloin Steak (Please ask for gluten free)
8oz sirloin steak, cheese & chive potato skins, balsamic vines & coleslaw. GF £27
Would you like to add three garlic king prawns? £7

Nachos (Please ask for gluten free)
A mountain of tortilla chips with spicy salsa, cheese, sour cream and guacamole. V £17.50

Chicken Platter
Hot buffalo wings, butterflied Cajun chicken, chicken & chorizo bon bons, truffled mac & cheese, beer battered onion rings, corn on the cob, slaw & ranch sauce. £35

ON THE SIDE

French fries VE, GF £5
Dirty fries V, GF £10
Cheese & chive potato skins V, GF £6
Truffled mac & cheese V £6 + Chorizo £2
Garlic Bread V £5 + Cheese £1

Olives & sun-blushed tomato VE, GF £6
Buttered corn on the cob VE, GF, £4.50
Side salad VE, GF £5
Beer battered onion rings VE £5

We've labelled all dishes that can be gluten free, please inform your server when you order. If you require allergen information, or need to inform us of dietary needs, please speak to a member of the team. Whilst a dish may not contain an allergen, foods may be at risk of cross contamination in the kitchen. Items on this menu may contain nuts or GM oil.